

Supply List for Watercolor Painting for Firouzeh Sadeghi 's Classes

Paints:

We will be working with tube colors. On the market, many quite different kinds of such paint are available. Some of them are referred to as “professional” grade, others as either “student” or “academy”. For beginning watercolorists, “student” is perfectly good. One of the best is the “Van Gogh” brand, but others work well too. (In my experience, however, “Cotman” is disappointing.) Whatever the brand, the small tubes (say, 7.5-10 ml) should cost under \$4 each. For certain colors, you may feel you want to break down and buy professional grades, which can cost a little more.

Necessary Colors:

Yellows: 1, Azo Yellow Light; 2, Azo Yellow Deep; 3, Yellow Ocher

Reds: 1, Permanent Red Deep; 2, Alizarin Crimson (Grumbacher); 3, Opera (Holbein)

Blues: 1, Cerulean Blue; 2, Cobalt Blue; 3, Ultramarine Blue; 4, Phthalo Blue

Greens: 1, Phthalo Green; 2, Sap Green

Browns: 1, Burnt Sienna; 2, Burnt Umber; 3, Raw Sienna

Paper:

Quality paper makes all the difference. The best types are 100% cotton. A very good variety is D'Arches, made in France and of which there are a number of kinds. We will use D'Arches cold press (140 lb), size 22" x 30". I will show you how to divide the paper.

Brushes:

There are many different kinds. Watercolor brushes have short handles. To start, you will need three White Sable (nylon) brushes as follows: 1, one ¾" oval (Filbert; No. 752 if you bought it from Robert Simmons); 2, one No. 10 or No. 12 round; and 3, one No. 6 or 8.

Palette:

Here again, there are many different kinds. John Pike's is sturdy and has a lid to keep the paint moist between uses. Some people prefer Quiller, others other brands.

Support Board:

Size 12" x 16" for the small works, 16" x 24" for half sheet. For painting on dry paper, you can use light and sturdy surfaces, such as foam board. For wet technique, you need a waterproof surface, like Plexiglas or Gesso board.

Drawing Pencil:

HB or B drawing, both for watercolor paper; and either B2 or B3, for sketching

Sketch Book: 6"x 8", to make sketches and for taking notes

Plastic Eraser: Kneed type

Four (4) Spring Clips: Small is OK.

3/4" Masking Tape

Paper Towel:

Smooth and having good absorbency, such as Bounty or Viva

Brush Holder:

Homemade from a bamboo dinner mat and elastic bands is fine, or use some viable box long enough to keep brushes in.

Canvas Bag: For carrying materials

Portfolio:

This can be made with foam board or cardboard and duct tape, for carrying, and keeping, your art works.

Water Container: Not too deep plastic container without a lid

Small Spry Bottle: This is for dampening both paper and paint.

View Finder: I will show you in class how to make one.

Sources of Supplies:

Plaza Artist Materials and Picture Framing:

- 1- 1594B Rockville Pike, Rockville, MD 20882. Ph. 301-770-0500
- 2- 7825 Old Georgetown Road, Bethesda, MD 20814. Ph. 301-718-8550
- 3- 8209 Georgia Ave, Silver Spring, MD 20910. Ph. 301-587-5581

Utrecht: 1250 I (eye) St, NW, Washington, DC 20005. Ph. 202-898-0555

Addresses and Phone Numbers for Catalogs:

ASW Express:

6104 Madry Oaks, North Raleigh, NC 27616. Ph. 1-800-995-6778
www.aswsale.com or www.aswexpress.com

Cheap Joe's Art Stuff:

374 Industrial Park Dr., Boone, NC 28607. Ph. 1-800-227-2788
www.cheapjoes.com

Daniel Smith:

4150 First Ave South, P.O. Box 84268, Seattle,
WA. Ph. 1-800-426-6740.
www.danielsmith.com

Utrecht:

536 Myrtle Ave, Brooklyn, NY 11205-2606. Ph. 1-718-789-0308.
www.utrecht.com